PRACTICE DIRECTIONS & TIPS

How do I turn in the WPR sheets?

- Students must turn them in on MONDAYS.
- Sheets MUST include Parent or Guardian signature for each practice record.
- All boxes must be **completed**!

How much do I practice?

- Minimum practice requirements are **100 minutes per week.**
- How many minutes you spend practicing is not as important as how **OFTEN** you practice. For example, it is better to play for 10 minutes Monday through Friday, than 60 minutes all in one day.

What do I practice?

- Posture & position in the mirror — look your best!
- Scales and exercises
- Orchestra songs from *Essential Elements*

Practice Tips

- Practice your instrument often and regularly.
- Find the best place at home to practice.
- Set your music on your music stand.
- Stand or sit up tall and have the BEST posture and positions.
- Perform with a *beautiful* sound.
- Practice does not make *perfect* - it makes *permanent*.
- Just keep ~~swimming~~ **practicing**!